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**Delray Medical Center Patient**

**On behalf of Delray Medical Center, I’d like to thank you for choosing us for your upcoming surgery.**

**Your care and health are very important to us and we are committed to providing you with the best possible care so that you have a safe recovery and can return to the activities you enjoy as soon as possible.**

**Research has shown that understanding your surgery and actively participating in the whole process positively impacts your recovery and helps you achieve the results you want and expect. As you prepare for surgery, you may have a lot of questions. This video is full of important information that will help you prepare for surgery. We also discuss what to expect during and after your stay. We encourage you to watch the video carefully. If you or your support team have further questions after watching this video, please reach out to me or contact your surgeon’s office.**

**Please copy the video link into your browser to begin watching the class. The video is just over 30 minutes long.**

[https://youtu.be/jrpMGE9fWQo?si=zjwQy500NspCjIQa](https://urldefense.com/v3/__https:/youtu.be/jrpMGE9fWQo?si=zjwQy500NspCjIQa__;!!AKy3WxY!9ePRSlrrV12itixOTvrJEdp_zKPRNs78bwhDKrbi-YUWg6cUv13SeU_I-VphNzDv3Xk2JlIPIjLKevAN$)

**Again, thank you for choosing Delray Medical Center for your care.**

**Sincerely,**

**Carolyn**

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**Carolyn Kern, PT, BS, MPT**

**Navigator, Orthopedic and Spine Programs**

  